

启发儿童智慧的奥秘38

Exercising stimulates metabolism, revitalizes cells, enhances resistance against diseases and decreases the occurrence of illnesses. Without a healthy body, it is hard to have a great career. Even if success does come, one would not be able to enjoy it without a healthy body. Therefore, other than taking care of your body, as modern people, especially those who live in the city, it is best to also choose at least one kind of activity, such as jogging, hiking, walking, swimming or ball games, that does your body and soul good, and exercising at least half an hour everyday to build a stronger body as a basis for developing your career.

Perhaps people in Taiwan already know from media reports that President Lee Teng-hui and entrepreneur Wang Yung-ching both have the habit of playing ball or jogging, thus they are particularly healthy and have sufficient strength and energy to attend to numerous affairs every day. This explains the importance of exercise on health.

Abacus and mental arithmetic is a quintessence of Chinese culture. Not only Chinese people learn and study it, even other countries in Asia, such as Korea and Japan, think of it as a skill and actively promote it. Despite advancements in science, abacus and mental arithmetic has not been neglected. Instead, due to its ability to train students' reflex and help in learning math, it is able to run parallel to other classes, further proof of why abacus and mental arithmetic has lasted so long and is becoming increasingly important.

In wishing the best for their children, parents in modern society all hope their children can receive education as soon as possible, especially in terms of skills. Abacus and mental arithmetic is usually one of the first subjects to be considered. In view of this, I think the market for teaching abacus and mental arithmetic is full of potential. Science and technology continue to advance and humans incessantly pursue knowledge. Similarly, teaching methods in abacus and mental arithmetic continue to update and progress.

Take the abacus for instance. From the earliest two beads on top and five on the bottom, to one bead on top and five on the bottom, to the modern day one on top and four on the bottom. In mental arithmetic, the method has also evolved from using one hand to using both hands. We can predict continued development and progress which shall create unlimited accomplishments for abacus and mental arithmetic.

If you wish to pursue a career in this field, you should seize the opportunity and actively absorb new information to build professional knowledge, research new methods and teaching materials, set

far-reaching goals, strengthen your management capability and plan your abacus and mental arithmetic career as soon as possible. In such ways, success will be just around the corner.

Understanding the basics of abacus and mental arithmetic

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For someone who is studying abacus and mental arithmetic, a good teacher and learning environment are the basic criteria. A good teacher not only teaches correct information and skills, but can also cultivate outstanding students by teaching according to each student's aptitude and teaching anyone who wishes to learn. On the other hand, a good learning environment is also important. If a quiet, serene, clean environment is provided so that students can concentrate and focus on learning, then it is bound to increase his or her learning interest and results. Therefore, it is the parents' responsibility to find a good abacus and mental arithmetic teacher and provide a suitable learning environment for their children.

Many parents think that by finding a good teacher and providing a good learning environment, their children will do well in abacus and mental arithmetic. This doesn't seem to be entirely correct. The two criteria only help in the process of learning abacus and mental arithmetic. Without other criteria, it is impossible to attain good learning results.