

启发儿童智慧的奥秘24

Through repeated basic training in summation and subtraction of fixed numbers, constants and hundreds, etc., it takes just an hour per day for three months to see significant results.

An ex-Russian "human brain research center" found after more than a decade of research that human brains possess massive potential, but the average person uses only less than ten percent of his or her cerebral potential in a lifetime. Through incessant training, unexpected capabilities such as the amazing speed reading and speed calculating can be produced. Practicing speed abacus calculation by using the "Two-Handed Method" is a good method for stimulating brain power and developing potential.

Potential Development

Positive thinking stimulates potential capabilities

Su Wan Ting's motto:

Think only of success, not of failure. On any given Sunday, any team can beat any other team.

Walk into the first floor lobby of Master Tai Chiang Ching's "CMA Arithmetic" educational organization, and you'll see two rows of words-- "Abacus calculation inspires intelligence. Mental calculation stimulates potential." Along the staircase to the classrooms upstairs, every step is affixed with the message-- "I like myself! I am full of energy!" so that students can read it with every step they take. The classroom door is affixed with the sign "I'm the best in the world!" and on the wall by the door hangs a noticeable poster featuring Napoleon Hill's "Philosophy of Success."

With inspirational messages hung everywhere, CMA seems more like an aggressive direct marketing company or a consulting company for motivating potential. Upon entering the classroom, students are immediately affected by the environment, becoming energetic and enthusiastic, giving us a slight idea of Master Tai's special potentialdeveloping teaching methods.

Other than being a professional authority in abacus and mental arithmetic, Master Tai also has a keen interest in potential development and self improvement courses. Master Tai says, in the past decade, he has signed up and attended all types of potential development classes whenever possible, spending over a million dollars in tuition and reaping plenty of harvest in personal growth over the years. After digesting and organizing what he had learned, Tai Chiang Ching felt that if he could apply the teaching skills of potential development to children's education, there was bound to be a certain level of effect.

"Positive thinking" is one of Tai Chiang Ching's special methods of teaching. "In my teaching materials and practice books, inspiration words such as 'I am a very smart student,' 'I can calculate correctly,' 'I am the most outstanding,' etc. can be seen everywhere. Through these methods of positive thinking and self-suggestion, subconscious potentials are effectively stimulated, gradually building selfconfidence and increasing students' sense of accomplishment in learning."

Tai Chiang Ching further points out, "On the other end of the spectrum of positive thinking is negative thinking. Negative thinking and attitudes discount our behavior and performance. For example, some parents often criticize their own children in front of others, saying things like 'Why are you so stupid! You idiot!' Consequently, these messages are sent to children's subconscious, making them think they are in fact stupid and useless, and in turn are unable to perform well in classes. In other words, the more you scold your children, the more stupid they become. I often warn parents that they ought to respect and encourage their children. One word of encouragement or comfort beats ten words of taunting or hurling."

"According to many psychological research studies, positive thinking and self-suggestion methods effectively transform an individual. Experts suggest that we repeat beneficial words in our head or think about our goals whenever our body and mind are relaxed for unexpected benefits to self-confidence, self-image and self-completion. For example, I would teach my students to say loudly, 'I can count correctly!' Students would also learn by analogy and say 'I like math. I'm getting better at math' or 'I like English. I can speak fluent English. I know lots of English vocabulary' or 'I like myself. My classmates like me too,' 'My grades are getting better!' and so on.